



For Parents and Caregivers of Children and Adolescents with Behavioral and Mental Health Challenges.

NAMI Basics is a free, six-week education program taught by trained teachers who themselves have lived similar experiences with their own children.

Topics include:

- Trauma of mental illness for the child and family
- Latest research on the medical aspects of mental illness
- Biology of mental illness
- Overview of the systems involved in caring for children and teens
- An overview of treatment options
- Impact of illness of the rest of the family

Dates: April 13 - May 18, 2020

Schedule: Mondays at 6:00 PM - 8:30 PM

Register Now: 503-228-5692

This class will be held online!

Can't make this class?

Classes begin in winter, spring, summer, and fall.

All you have to do is call 503-228-5692 to register!

For more information please visit: www.namimultnomah.org/basics



NAMI Multnomah

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